



# Harbor Heritage University

## *Bachelor of Arts Program*

A Division of The Federation of International Gender and Human Rights  
New York, New York

## Syllabus for Curriculum

### *Bachelor of Arts Program*

**CIRRICULUM LEAD:**

**Dr. Ameena Ali, N.D. PhD, CD-B/P, VLM**

**CONTACT INFORMATION:**

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**ATTENDANCE POLICY:**

Lack of attendance *directly* affects the curriculum and your certification.

**ACCELERATED PROGRAM DESCRIPTION:** Harbor Heritage University is a Sovereign, privately accredited University based in Gender and Human Rights Studies. This program offers the use and application of mentored compassion, evidence-based cultural, holistic, naturopathic and social aspects of Emotional Intelligence in Benevolent work, through a wide range of best practices, within the program.

This current HHU Program has an emphasis is on the development, sustainment, understanding and recruitment of cultures, ages, lifestyles and religions of those that are subjected to, currently effected by Gender-Based Violence (GBV) crisis. The **Bachelor of Arts** Program is derived from the need to have real-time solutions, in place in the way of establishing proper peer-based, education, developing a Human and Gender Rights Crisis Care Management System. This enables a real-time crisis resource for those that are in need. This is to include but is not limited to those that have survived Domesticated personal and community crisis, violence and trauma to include international measures in Female Genital Mutilation, Child Bride/Molestation, Familial Incest, and Human and Sexual Trafficking, in Rural Areas of the country.

**Prerequisites:** *Successful* registration for the program.

**MEETING TIMES:** We will meet once a week (on **Wednesdays at 10AM EST**) and you will be required to adhere to the dates of class, respectively. Your group meeting and participation will be needed for the weekly goals and assignments. Each weekly session should require four (4) to five (5) **hours** of instruction and will meet solely virtually (via WhatsApp, Zoom or Pre-recorded lecture).

There will be a requirement to visit an NGO/CSO organization that offers similar resources (if applicable), one, six (6) week Internship; locally and/or internationally, and then a final report from each Student, for a minimum of **Fifty (50) Weeks** in the program. Each fellow will be required to attend the **full** class time for credit and certification.

**FELLOWSHIP READING:** There will be a required reading for class;

<https://www.annualreviews.org/doi/abs/10.1146/annurev-anthro-102317-050129>

<https://www.nuffieldbioethics.org/wp-content/uploads/Bioinformation-Chapter-3-Ethical-values-and-human-rights.pdf>

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9122144/>

It is to be read in no particular order but is required to flow with the teaching instruction. There will be a requirement to read this every week, until you complete the readings in totality.

**TUTORING:** Hours will vary and will be on a first come first serve basis. Students are welcome to email questions or text me times they would like to meet either via WhatsApp or Zoom. You must notify me by *Friday* (no later than the end of their time together) if you will need me. Our time will be to meet on Saturday or Sunday ONLY, Eastern Standard Time.

**MEETING BEHAVIORS:** Our behavior should accommodate the rules of this title. You are an International **Bachelor of Arts** Student with diplomatic respects and cultural expectations of respect and dignity as a leader. You are required and expected to conduct yourself respectfully and with dignity knowing that everyone is not where you are mentally, emotionally or psychologically. You are to remember that this is a learning process; while you maybe a very seasoned person in your (respective) field we are all in this program to learn and grow TOGETHER in advocacy. So, making sure that you are conducting yourself in a positive manner, there will be no vulgar, harassing or sexually suggestive language, conversations, pictures, GIFs, memes, links, videos, text or social media messages passed over this or other Social Media sites, used for this class

Per Section 504 of the Rehabilitation Act of 1973 and in accordance with the Americans with Disabilities Act of 1990, regarding Fellows with disabilities, all efforts will be made to accommodate the needs of all students needing services; please let me know about ANY needs that are not met.

<b>EVALUATION:</b>	Sharing and Reading Assignment	15%
	Team Meeting Attendance	15%
	Final Dissertation	50%
	Externship	15%
	Visit of Shelter, Camps and/or Hospital	5%

**REQUIREMENTS:** There will be Zoom meetings, prerecorded lectures, Dissertation writing, meeting participation, and requirements of tours, for this Program. All are equally important and will be *required* for completion. Reading assignments MUST be completed prior to meetings and Students should be ready for discussion. There will be other reading offers that will be optional for the Student’s introspection; topics will be offered but it is encouraged that all students use self-advocacy to complete the recommendation. Late or incomplete work requires approval (at FIGHR’s discretion); failure to do so will marked down your grade ten percent (10%) every day it is late. NO EXCEPTIONS!

**TENATIVE COURSE SCHEDULE:** (Program is on an accelerated schedule)

	<i>Topic</i>	<i>Assignment</i>
<b>Level One</b>	Week 1 Introduction to Gender Studies	Topic Paper
	Week 2 Introduction Human Rights	Topic Paper
	Week 3 Elder Dignity	Topic Paper
	Week 4 Unconscious and Bias	Topic Paper
	Week 5 Social Psychology and Gender	Topic Paper
	Week 6 Global Perspectives on Human Rights	Topic Paper
	Week 7 Youth and Human Rights Advocacy	Topic Paper
<b>Level Two</b>	Week 8 – 17 Ten-week Diplomatic Fellowship	<b>Human Rights in Crisis</b>
<b>Level Three</b>	Week 18 Gender and the Law	Topic Paper
	Week 19 Advocacy Writing and Notetaking	Topic Paper
	Week 20 Intersectionality	Topic Paper

Week 21	Human Rights History	Topic Paper
Week 22	Ethics of human Rights	Topic Paper
Week 23	International Human rights Organizations	Private, Public, Domestic NP, NGO or CBO Paper
Week 24	Gender Based Violence	Topic Paper
Week 25	Benevolence as a Mission	Topic Paper
Week 26	Migration and Refugees in Human rights	Topic Paper
Week 27	Environmental Justice	Topic Paper
Week 28	Cultural Perspectives on Gender	Topic Paper
Week 29	Women's Health and Rights	Topic Paper
Week 30	Gender and Politics	Topic Paper
Week 31	Human Rights Advocacy -1 ( <i>Technology</i> )	Topic Paper
Week 32	Human rights Advocacy -2 ( <i>Leadership</i> )	Topic Paper
Week 33	Introduction to Ethics	Topic Paper
Week 34	Introduction to Privacy	Topic Paper
Week 35	Introduction to Social Accountability	Topic Paper
Week 36	Principles of Applied Mathematics	Topic Paper
Week 37	Principles of Applied English	Topic Paper
Week 38	Capstone Project Preparation	(Please send confirmation of topic in for approval)
Week 39	Cultural Construct – AA and Latin X	Topic Paper
Week 40	Equity vs. Equality in Business	Topic Paper
Week 41	Principles of Substance Abuse and Recovery	Topic Paper
Week 42-47	Six (6) week <b>Internship</b>	w/ a Domestic/International NP NGO or CBO
Week 48	Capstone Project 1 <sup>st</sup> Presentation	(Defense Dates TBA)
<b>Level Four</b>	Week 49-50 Thesis Work & Final Submission	Independent Work Time
<b>Final Week.</b>	Week 51 Final Submission of Paper	Standard Thesis Paper to HHU Advisory
<b>Graduation.</b>	TBA	December or May