



Harbor Heritage University

Associates of Arts Program

A Division of The Federation of International Gender and Human Rights
New York, New York

Syllabus for Curriculum

Associates of Art Program

CIRRICULUM LEAD:

Dr. Ameena Ali, N.D. PhD, CD-B/P, VLM

CONTACT INFORMATION:

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ATTENDANCE POLICY:

Lack of attendance *directly* affects the curriculum and your certification.

ACCELERATED PROGRAM DESCRIPTION: FIGHR is a registered CSO/NGO that is both in the United States and dually registered in Dubai UAE. This accredited program offers the use and application of mentored compassion, evidence-based cultural, holistic, naturopathic and social aspects of Gender and Human Rights through a wide range of best practices, within the host country.

This current FIGHR Program has an emphasis is on the development, sustainment, understanding and recruitment of cultures, ages, lifestyles and religions of those that are subjected to, currently effected by Gender-Based Violence (GBV) crisis. The Associate of Art Program is derived from the need to have real-time solutions, in place in the way of establishing proper peer-based, education, developing a Human and Gender Rights Crisis Care Management System and provide real-time resources or those that survived Domesticated personal and community crisis to include international measures in Female Genital Mutilation, Child Bride/Molestation, familial Incest, and Human and Sexual Trafficking, in Rural Areas of the country.

Prerequisites: *Successful* registration for the Cohort.

MEETING TIMES: We will meet once a week (on **Wednesdays at 10AM EST**) and you will be required to adhere to the dates and times as agreed to by you and your proctor. Your class meeting and participation will be needed for the weekly goals and assignments. Each weekly session should require four (4) to five (5) hours of instruction and will meet solely virtually (via WhatsApp, Zoom or Pre-recorded lecture).

There will be a requirement to visit an NGO/CSO organization that offers similar resources (if applicable). One, six (6) week internship; locally aand/or internationally, and then a final report from each student, for a minimum of **Fifty (50) Weeks** in the program. Each fellow will be required to attend the **full** class time for credit and certification.

FELLOWSHIP READING: There will be a required reading for class;

https://apps.who.int/iris/bitstream/handle/10665/44507/9789241501002_eng.pdf

<https://www.unhcr.org/en-us/sexual-and-gender-based-violence.html>

https://www.unwomen.org/sites/default/files/2022-09/Progress-on-the-sustainable-development-goals-the-gender-snapshot-2022-en_0.pdf

It is to be read in no particular order but is required to flow with the teaching instruction. There will be a requirement to read this every week, until you complete the readings in totality.

TUTORING: Hours will vary and will be on a first come first serve basis. Doctoral Students are welcome to email questions or text me times they would like to meet either via WhatsApp or Zoom. You must notify me by *Friday* (no later than the end of their time together) if you will need me. Our time will be to meet on Saturday or Sunday ONLY, Eastern Standard Time.

MEETING BEHAVIORS: Our behavior should accommodate the rules of this title. You are an International **Associate Of Arts** Student with diplomatic respects and cultural expectations of respect and dignity as a leader. You are required and expected to conduct yourself respectfully and with dignity knowing that everyone is not where you are mentally, emotionally, or psychologically. You are to remember that this is a learning process; while you may be a very seasoned person in your (respective) field we are all in this program to learn and grow TOGETHER in advocacy. So, making sure that you are conducting yourself in a positive manner, there will be no vulgar, harassing or sexually suggestive language, conversations, pictures, GiFs, memes, links, videos, text or social media messages passed over this or other Social Media sites, used for this class

Per Section 504 of the Rehabilitation Act of 1973 and in accordance with the Americans with Disabilities Act of 1990, regarding Fellows with disabilities, all efforts will be made to accommodate the needs of all students needing services; please let me know about ANY needs that are not met.

EVALUATION:	Sharing and Reading Assignment	15%
	Team Meeting Attendance	15%
	Final Dissertation	50%
	Externship	15%
	Visit of Shelter, Camps and/or Hospital	5%

REQUIREMENTS: There will be Zoom meetings, prerecorded lectures, Dissertation writing, meeting participation, and requirements of tours, for this Program. All are equally important and will be *required* for completion. Reading assignments MUST be completed prior to meetings and Students should be ready for discussion. There will be other reading offers that will be optional for the student’s introspection; topics will be offered but it is encouraged that all students use self-advocacy to complete the recommendation. Late or incomplete work requires approval (at FIGHR’s discretion); failure to do so will marked down your grade ten percent (10%) every day it is late. NO EXCEPTIONS!

TENATIVE COURSE SCHEDULE: (Program is on an accelerated schedule) – *“Week 1” will be the welcome week and orientation to the program.*

Level	Topic	Final
1	Week 2 Cross-Cultural Diversity Equity and Inclusion	Certificate
	Week 3 Human Rights Advocacy Program	Certificate
	Week 4 A Course In Dignity	Certificate
	Week 5 Implicit Bias Training	Certificate
	Week 6 Cultural Competency in Human Rights	Certificate
	Week 7 Relationship Building in HR Leadership	Certificate
	Week 8 Capacity Building in HR Advocacy	Certificate
2	Week 9-20 Sexual and Gender Based Violence Fellowship	Certification
3	Week 21-30 Human Rights Advocacy Fellowship	Certification
4	Week 31-43 Community Peer Mental Health Fellowship	Certification
5	Week 44-49 ***INTERNSHIP***	Internship Report
Final	Week 49-51 Research Paper/Graduation	Final Certification